

21 DAYS OF PRAYER & FASTING

**Friday, October 9, 2020 –
Thursday, October 29, 2020**

21 DAYS OF PRAYER AND FASTING SCHEDULE

Most of us initiate our prayers with OUR goals in mind. What do WE want out of this...? When we start off in such a way, we have already blocked out possibly 90% of what God has to say to us... give us... Because we only want to hear and receive what WE want, we limit the blessings far beyond our imaginations because we refuse to let God reign over our vessels, which we claim to be part of His Kingdom. The message from God that appears the smallest to you, may indeed become much bigger than you can presently understand.

THE MOST IMPORTANT TOOL IN PRAYER IS LISTENING FOR GOD'S DIRECTIONS FOR OUR LIVES!

God has unique relationships with all of us and therefore our prayer lives are unique as well. Some of us put unnecessary pressures on ourselves to pray like someone we have heard (whether at HCC or elsewhere), when the most important thing that God wants from us, is for us to **Seek His Face** (Psalm 27:8), to **look for Him**, the **All Knowing for guidance**, to **love on Him**, and continuously **build a relationship with Him** (John 15:14-15). A relationship with God is similar in one way to relationships with others, the more we communicate the stronger the relationship becomes; the communication is in fact our relationship.

PRAYER IS OUR RELATIONSHIP WITH GOD.

No prayer = no relationship with God

More prayer = BIGGER relationship with God A humble heart and a mind open to Jesus is what He expects, and the Holy Spirit will do the rest (Romans 8:26,27).

WHY SHOULD WE PRAY?

- We pray because we love God.
- We pray to worship God for who He is.
- We pray to say thanks to our Father.
- We pray to God to praise Him.
- We pray to petition God.
- We pray to confess our sins.
- We pray to intercede for others.
- We pray against the enemies of God.
- We pray to listen to God.
- We pray to resist temptation.
- We pray because He directs us to pray.

WHY SHOULD I FAST?

Fasting and Prayer combined can bring about a transformational revival- in you, the congregation of HCC, the nation, the world... it can be an immensely powerful tool in seeking God. The ultimate purpose of the HCC fast is not you and what you seek, **but God**. Fasting is a true way to sacrifice for God and humble oneself to Him (Psalm 35:13; Ezra 8:21). **Fasting is an act of worship and honoring.**

WHAT IS A FAST?

A fast is a period of abstaining from something, denying self from a desire.

HOW SHOULD WE PREPARE FOR A FAST?

Spiritual Preparation

- Pray before you fast. Ensure that you communicate with God and seek His guidance regarding your fast.
- Ask God to help you to examine your heart, detect and repent any unconfessed sins.

Physical Preparation

- Consult a doctor before fasting, to ensure that all your vitals are stable.
- If you have severe medical maladies you should have professional supervision while fasting.

It is important to focus on God, rather than food. The spiritual focus and growth will replace the normal presence of food during the fast. It is HCC's Prayer that the Lord's most wonderful love and blessings will be poured out on you as you take this exciting step of faith. Tell us how you are doing in the form attached.

THE MODEL PRAYER "Our Father Who art in heaven, hallowed be Your name" —The prayer principles of adoration (praise for who God is) and thanksgiving (praise for what He has done). "Your kingdom come; Your will be done on earth as it is in heaven" —The principle of affirmation, that is, agreeing with God's will and submitting to it. "Give us this day our daily bread" —The principle of supplication, in which we make requests both for ourselves (petition) and for others (intercession). "And forgive us our debts as we also have forgiven our debtors" —The principle of confession in view of our need for forgiveness of sins. "And lead us not into temptation but deliver us from the evil one" —The necessity of renewal as we face the temptations of the world, the flesh, and the devil. "For Yours is the kingdom and the power and the glory forever" —A closing prayer that honors the Lord and completes our thoughts. Pray daily for your family, your HCC church family, and your friends.

DAY 1 Omit breakfast and lunch

Prayer for Submission to God— Read Romans 12:1–2; Luke 9:23 – offer your life to Christ.

DAY 2 Omit breakfast and lunch

Prayer of Adoration & Thanksgiving— Read Revelation 15:3-4 – spend time worshipping and praising God.

DAY 3 Omit breakfast and lunch

Prayer for Examination— Read Psalm 139:23-24 - Ask the Spirit to search your heart

and reveal any areas of unconfessed sin. Acknowledge these to the Lord and thank Him for His forgiveness.

DAY 4 Omit breakfast and lunch

Prayer for Your Identity in Christ – Read Galatians 2:20; Romans 5:8; 1 Corinthians 15:3; Colossians 2:11; 1 Peter 2:24; Philippians 1:20-21; 2 Corinthians 2:14

DAY 5 Omit breakfast and lunch

Prayer for Filling of the Spirit – Read Ephesians 5:18; Galatians 5:16; Galatians 5:25
Ask the Spirit to control and fill you for this day.

DAY 6 Omit breakfast and lunch

Prayer on Fruit of the Spirit – Read Galatians 5:22-23; 1 Corinthians 13:4-7; - pray on the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

DAY 7 Omit breakfast and lunch

Prayer for the Purpose of My Life – Read Matthew 22:37, 39; Matthew 6:33; Matthew 4:19; Matthew 28:19–20; Acts 1:8; John 15:8 – pray for guidance and direction.

DAY 8 Omit breakfast and lunch

Prayer for the Circumstances of the Day - Read Proverbs 3:5–6; Romans 8:28 & 29
commit the events of this day into the hands of God.

DAY 9 Omit breakfast and lunch

Prayer for Protection in Warfare - Read Romans 6:6–7, 11, 13 – pray for protection and spiritual warfare.

DAY 10 Omit breakfast and lunch

Prayer for the Coming of Christ and Your Future with Him – Your kingdom come, Your will be done. (Matthew 6:10) – Read Revelation 22:20; Romans 8:18; 2 Corinthians 4:16–18; Philippians 3:20

DAY 11 Omit breakfast and lunch

Prayer for Renewal – Read Deuteronomy 10:12; Philippians 3:12- 14 – pray for personal renewal.

DAY 12 Omit breakfast and lunch

Pray Against Spiritual Warfare – Read Philippians 4:6-9 & Ephesians 6:13-18 – pray against the world; pray against the flesh; pray against the Devil.

DAY 13 Omit breakfast and lunch

Prayer for Growth in Christ – Read Psalm 61:2-4 - pray for a greater desire to know

and please Him; greater love and commitment to Him; grace to practice His presence; grace to glorify Him in your life.

DAY 14 Omit breakfast and lunch

Prayer for Growth in Wisdom— Read James 1:13-15 – pray for developing an eternal perspective; to renew your mind with truth; greater skill in each area of life.

DAY 15 Omit breakfast and lunch

Prayer for Family— Read 1 Samuel 12:23 – pray for your immediate family; your relatives; spiritual concerns; emotional and physical concerns.

DAY 16 Omit breakfast and lunch

Prayer for Churches & Ministries— Read Ephesians 4:4-6 – pray for HCC; other churches; evangelism and discipleship ministries; educational ministries.

DAY 17 Omit breakfast and lunch

Prayer for Believers— Read 2 Corinthians 6:4-10 – pray for personal friends; those in HCC ministry; those who are oppressed and in need.

DAY 18 Omit breakfast and lunch

Prayer for Relationship with Others— Read 1 Corinthians 16:14 – pray for greater love and compassion for others; loved ones; those who do not know Christ; those in need.

DAY 19 Omit breakfast and lunch

Faithfulness as a Steward— May I be a person who fears God, loves truth, and hates dishonest gain. (Exodus 18:21) – pray for your time, talents, treasure, truth, relationships.

DAY 20 Omit breakfast and lunch

Prayer for Evangelism— Read Ephesians 6:19 – pray for friends, relatives, neighbors, coworkers, special opportunities.

DAY 21 Omit breakfast and lunch

Prayer for Missions— Read Acts 17:30-31 – pray for local missions, national missions, global mission, the fulfillment of the Great Commission.

Although we are Fasting for 21 Days - The Prayers will continue until 30 Days have been completed. Therefore, Prayers will continue until Saturday, November 7, 2020. Below are the prayers for days 22 – 30

DAY 22 *Prayer for World Affairs* – read Psalms 85:4-7 – pray for the poor and hungry; the oppressed and persecuted; those in authority; peace among nations; current events and concerns.

DAY 23 *Prayer for Family & HCC Ministry* – Read Colossians 3:22-24 – pray for family, ministry, sharing Christ with others, helping others grow in Him, career.

DAY 24 *Prayer for Government* – Read Proverbs 14:34 – pray for a spiritual revival in our local, state, and national government. Pray for President Trump and his cabinet members and their relationship with Christ.

DAY 25 *Prayer for Spiritual Insight* – Read Psalm 25:3-5; pray for understanding and insight into the Word; understanding your identity in Christ; who you are; where you came from; where you are going; understanding God's purpose for your life

DAY 26 *Prayer of Adoration* – Read 1 Chronicles 29:10-13 – Express your thoughts of praise and worship.

DAY 27 *Prayers of Affirmation* – Read John 4:23-24; 1 John 3:24 – Reflect on these biblical affirmations.

DAY 28 *Prayer of Thanksgiving* – Read Psalm 34:6-7 & 40:1-3 – Offer your expressions of thanksgiving to God.

DAY 29 *Prayer of Praise* – Read Psalm 34:1-3 – Offer your expressions of praise to God.

DAY 30 *Closing Prayer* – Read Psalm 73:25-28 – Offer praise to God for the spiritual revival in your life and the life of HCC.

Source: [Professional Mom.com](http://ProfessionalMom.com)

ELIZABETH BAPTIST CHURCH PASTOR CRAIG L. OLIVER, SR

Praise God, you did it through the grace of God!

Send your thoughts and how God has revealed Himself to you during this HCC Fast and Prayer in the form below, which will be sent directly, and only to Senior Pastor, Emmanuel Westbrook.

Thank you and may God continue to bless and strengthen you.